

## Rotary Meeting: Monday, December 10, 2018

**Dacari Middlebrooks**  
Creative Director of Online Church Community  
Mount Zion Baptist Church  
And Author, "The Depressed Millennial"

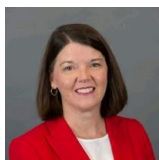
### Unfiltered Storytelling: "A Millennial's Conversation (w) Life"

Inspired by his own battle with depression, Dacari Middlebrooks takes us on a journey through what it's like to battle with depression from a millennial state. Over the course of the conversation, you will discover how PTSD, Severe Depression, Career, and Significant losses have aided in what he calls "Mental Disruption," losing the capacity to believe, and think positively about life. It is the Dacari's hope that those battling with depression, and purpose; particularly Millennials will find inspiration in his story, seek treatment, and survive the unmet expectations levied against them.

In addition to authoring this book, Dacari Middlebrooks serves as the Creative Director for Mount Zion Anywhere (Virtual Campus of Mount Zion Baptist Church of Nashville, TN) & The Branding/Marketing Consultant for the Full Gospel Baptist Church Fellowship Intl. He received a B.A. in Mass Communications with a concentration in Film, Radio, and Television from Morehouse College. He is also a graduate of Vanderbilt University where he studied, and received his Masters of Divinity Degree in the fall of 2010.

### Rotary Club of Nashville Elects New Board Members:

Congratulations to these Rotarians who were elected to serve a three year term on the Board of Directors beginning July 1, 2019 and ending June 30, 2022.



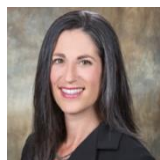
Lisa Ferrelli



David Fox



Veronica Marable Johnson



Lauren Lane Payne

**New Member Proposals** - The following applicants have been approved for publication and membership consideration by the general membership. If no objections are filed in writing within 10 days, the applicants shall be declared elected to membership.

**Lawson C. Allen, Principal/VP**

Lee, Danner & Bass, Inc.

Sponsor: Kem Hinton

**Daniel J. Grant, President**

Renasant Bank

Sponsor: David Briggs

**Nancy Keil-Culbertson, Chief Development & Marketing Officer**

Second Harvest Food Bank of Middle Tennessee

Sponsor: Jaynee Day

**ATTENTION:** The Rotary Club of Nashville **does not meet, December 24 and 31, 2018.** The Rotary Office will be closed December 24, 25, 31, 2018 and January 1, 2019.

#### ASSISTING AT ROTARY THIS WEEK

Speaker Introduction: LEE MOLETTE

Invocation: ED COLE

Registration: DEBORAH VARALLO

Greeters: VAN CLUCK / LYDIA LENKER

Scanners: ANGIE ADAMS / ALLISON GRIFFITH

Parking Vouchers: ALLISON PLATTSMIER

#### VOLUNTEERS NEEDED – FEED THE NEED DELIVERY

Rotary and Second Harvest Food Bank  
**SATURDAY, DECEMBER 15, 2018, 8:45 am**  
@ Assigned Locations  
for Rotarians and guests of all ages

Join us as we deliver 2 holiday food boxes (one contains dry goods and one perishable food items) to each of 1,900 families in Nashville.

Based on the number of volunteers, Rotarians meet at one of 5 designated distribution sites (to be assigned the week of delivery). Volunteers are encouraged to bring a dolly, cart, or wagon as you will be walking to the homes.

Sign up at [www.nashvillerotary.org](http://www.nashvillerotary.org), click on the sign up genius tab, then click on Feed the Need tab

#### HAPPENING AT ROTARY

Dec 14 – VOLUNTEER, Feed the Need Perishable Packing, 1-3 pm @ Second Harvest

Dec 15 – VOLUNTEER, Feed the Need Delivery, 8:45 am – Location to be assigned

Dec 17 – Kathleen O'Brien, CEO, TPAC

Dec. 24-31 – NO ROTARY MEETINGS

Jan 7 - Dr. James Hildreth, President, Meharry Medical College

Jan 14 - TBA

Jan 18 – Backpack Project, 1-3 pm @ Second Harvest

Jan 21 -NO ROTARY MEETING – ML King Day

Jan 22 – NEW MEMBER ORIENTATION, 5:15 pm, hosted by Past President Greg Bailey

Jan 28 - Seth Bernstein, CEO, Alliance Bernstein

Feb 4 - David Ewing, CEO, Nashville History on Tour

Feb 11 - Mr. Joseph Cirincione, President, Ploughshare Fund, c/o Pat Ryan, TN World Affairs Council

Feb 18 - NO ROTARY MEETING – President's Day

Feb 25 - John Ingram, Metro Soccer League

Mar 4 - Bill Carey, TN History for Kids

Mar 11 - Jan D. Freitag, STR Global, Sr Vice President, "Lodging Insights"

Mar 18 - Ashford Hughes, Senior Advisor, Workforce, Diversity and Inclusion

Mar 25 - Butch Spyridon, President, Nashville Convention & Visitors Corp

## THANK YOU for a Successful 1<sup>st</sup> Day for our 17<sup>th</sup> Feed the Need Project

On November 30, 20+ Rotarians were at Second Harvest Food Bank to assemble 1,900 boxes to be used in our Feed the Need project while a few others were handling breakfast set up. On Sat. morning December 1, over 200 Rotarians and guests gathered at Second Harvest Food Bank for our Annual Feed the Need Project. These Rotarians were ready to work and help provide holiday food boxes for those in need in the north Nashville area.

YOU **sorted 15,871 lbs. of donated food**, prepared **4,570 tray meals** and **re-bagged 2,471 bags** of potatoes for the Second Harvest Food Bank Emergency Food program. And, for our signature project, we **packed 1,990 holiday food boxes** with enough food for 10 days.

On Sat, December 15, we are counting on Rotary volunteers to help us distribute the food to the recipients. If you haven't already, sign up to help through our signup genius – [www.nashvillerotary.org](http://www.nashvillerotary.org) and click on the signup genius tab at the top.

Special thanks to Terry Clements, Veronica Marable Johnson and Deborah Varallo, for capturing our efforts.



Past Presidents & Board Members



Rotary Club of Nashville  
Volunteer Room



3 Generations of Rotary Volunteers



A careful look - ROTARY volunteers from Feed the Need



ROTARY CLUB OF NASHVILLE  
3401 West End Avenue, Suite 318  
Nashville, TN 37203  
(615) 645-5935  
[www.nashvillerotary.org](http://www.nashvillerotary.org)